

— NHS Cyber Awareness Webinars —

These 30 minute sessions focus on some of the most important aspects of Cyber Security and highlight the simple, effective ways you can protect yourself and your devices. Aimed at all levels of staff across the NHS in the South West, and delivered in a non-technical way, whether you are a beginner, or just want to keep up to date with the latest advice, this series of webinars will help you build your cyber resilience.

Working from Home

Date: Tuesday 16th June

Time: 13:00 – 13:30

Many people have suddenly found themselves working from home, which poses a number of security risks to both you and your organisation. Learn some top tips on how to work from home securely with the South West Regional Cyber Crime Unit.

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Phishing

Date: Thursday 25th June

Time: 11:00 – 11:30

Phishing is when a cyber criminal uses an email, text or phone message to trick you into providing access to your private information, such as login details for your work accounts or your online banking. Learn how to identify and protect yourself from these attacks with the South West Regional Cyber Crime Unit.

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Ransomware

Date: Wednesday 1st July

Time: 14:00 – 14:30

A brief talk about Ransomware - what it is, and why it's important to know about it now during the Covid-19 pandemic. Learn what you can do to build the NHS' resilience and protect your home network with the South West Regional Cyber Crime Unit

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Securing Accounts

Date: Wednesday 8th July

Time: 11:00 – 11:30

This session highlights the vulnerabilities with online accounts, and covers how to improve your security by using password management, enabling extra authentication methods, and reducing your digital footprint.

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Online Fraud

Date: Monday 13th July

Time: 13:30 – 14:00

Almost £5m has been lost to COVID-19 related Fraud in the UK. Join the South West Regional Cyber Crime Unit as they discuss the different types of Online Fraud, and cover some top tips to protect yourself and the NHS from becoming a victim.



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Video Conferencing

Date: Wednesday 22nd July

Time: 11:00 – 11:30

Video Conferencing is helping you to work from home and stay in touch with friends and family, but these apps come with a number of security risks. Learn how to continue using video conferencing safely and securely with the South West Regional Cyber Crime Unit.

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Secure Apps

Date: Thursday 30th July

Time: 14:00 – 14:30

Many of us use apps on our smartphones, tablets and computers every day, but how do we know they are safe? Learn how to securely install and use apps with the South West Regional Cyber Crime Unit.

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If you would like any further information, or would like to discuss a bespoke presentation please contact us on:

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@swrccu



SW Regional Cyber Crime Unit



www.swrccu.police.uk/cyber